

12th Eager Seeger Half Marathon

(Featuring Legs 6-8 of the mOUntaiNBACK course)



Date: June 23, 2024

Start: 8:00 AM

Bring your gently used running shoes to support Sneakers4Good!

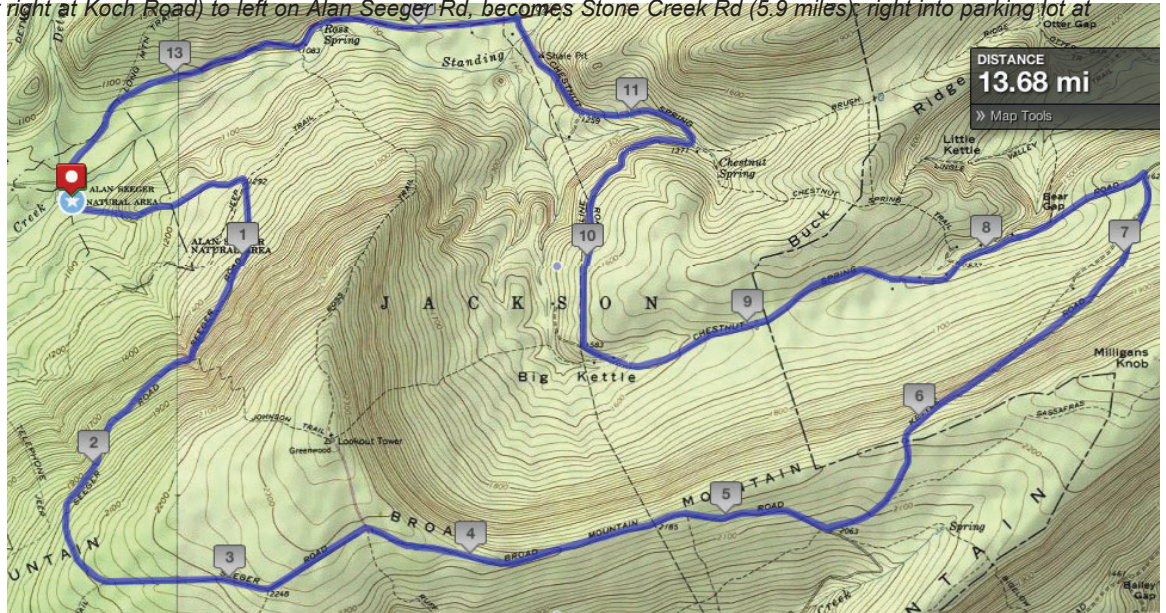
Fee: None! Shirts: Get your ESHM performance mens/ladies shirt (\$15); order or reserve: [email info@tusseymountainback.com](mailto:email@tusseymountainback.com) by **June 1!**

Location: Start and finish at Alan Seeger Picnic Area. **Register:** Complete this waiver (make shirt checks to "MTB50") and mail or drop off to: MTB50, 103 E. Hamilton Ave., State College, PA 16801, or bring with you on day of race.

Course: Start is at the intersection of Seeger Road and Stone Creek Road. Legs 6-8 of the Tussey Mountainback 50M course, plus an extra mile or two. Take Seeger Road up, up, up to the flat, continue and turn left on Kettle Road, left on Cooper's Gap Road to Stone Creek Road (this completes course legs 6-8); then left on Stone Creek Road to finish and stroll back to the picnic area. Three water stations. Finish line is at 13.1 miles, then cool-down to the post-race.

Awards: Cool door prizes, plus drawing for a "grand" prize to one runner who has completed Tussey Teasers #1 through #5 (bonus if you also did #0). **Course Records:** M: Joe Clark 1:20:51 (2021), F: Heather Hoechst 1:35:00 (2016), NB: Winter Parts 1:21:02 (2021).

Driving and Parking: Meet at Alan Seeger Natural Area parking lot: (1) Access via US-322 east; turn right onto Bear Meadows Rd for 9.2 miles, left on Stone Creek Rd, right into parking lot at Seeger Road. OR: (2) access via SR-26 south; turn left onto Miller Rd, becomes Slate Hill Rd, stay on Slate Hill (be sure to bear right at Koch Road) to left on Alan Seeger Rd, becomes Stone Creek Rd (5.9 miles); right into parking lot at Seeger Road.



Don't miss the 25th Tussey mOUntaiNBACK Relay and Ultramarathon - Register Online Today! Race day: Oct. 27, 2024 tusseymountainback.com Just for the hill of it!

12th Annual Eager Seeger Half Marathon

How did you find out about this event?: _____ **Bib #** _____

Name _____

Address: _____

Town, State, Zip Code: _____

Phone Number - Day:(____) _____, Evening: (____) _____

E-Mail: _____ Gender: M__ F__ Non-Binary__ Prefer Not to Disclose__

Age (on race day): _____

Yes! ESHM wicking shirt (\$15 - circle size): Ladies' S M L XL 2XL; Men's S M L XL 2XL (reserved or paid by June 1)

In consideration of this entry being accepted, I (please print) _____, do hereby indemnify, hold harmless, assume liability for, MTB50, the Eager Seeger Half Marathon, its sponsors, volunteers and employees, Subway Restaurants, the Commonwealth of Pennsylvania, its agents, servants, employees, officers and directors, from any and all costs and expenses including but not limited to, attorney's fees, reasonable investigative and discovery costs, court costs, and all other sums which the Eager Seeger Half Marathon, its agents, servants, employees, officers and directors may or become obligated to pay on account of any, all and every demand for claim or assertion of liability, or any claim or action, founded thereon, arising or alleged to have arisen out of my participation in the Eager Seeger Half Marathon or my use of real or personal property belonging to the Commonwealth of Pennsylvania, its cities, towns, agents, servants, employees, officers, and directors, or by any action or omission by me. I approve the use of any photos or video that may be taken at the race, and by my signature I agree to the online USATF waiver.

Signature (required): _____ Date: _____

(If under 18, parent or guardian must sign): _____ Date: _____