

**Tussey Teaser #2: Tussey to Whipple 11 miler**  
**April 10, 2004**

By Marty Mazur

The second Tussey Teaser run was a great success. About 20 runners showed up on a clear, brisk spring morning. We couldn't have asked for a better day. Included in the group were Eric Tien, Scott Smith, Tim Brenza, Dan Guss, Erin Wyble, Susan Gillmor, Steve Geyer, Jen and Joe Herbstritt, Steve Cohen, Diana Damer, Lisa Nancollas, and Marty Mazur, and maybe a few more that I lost track of. The run wasn't so much a race as a training run for most who showed up. One or two people were polishing off their Boston Marathon training. Dan Guss was using the run to help him decide whether he can get in shape to run the God's Country Marathon in June (which is like using a weekend paintball tourney to help you decide whether to enlist to go to Iraq. I mean, Tussey-Whipple is a nice challenge, but \*not\* a 19 mile hill!). Some of the runners did the course in well under 80-minutes, but others took nearly 2 hours. One of the college guys took a frigid dip in the lake at Whipples after his run. Marty Mazur kept time with Dan, who is pretty sure now that June 5 is too soon to get ready for a soul-crushing run, even if it is in God's Country.