

7th Annual **Tussey-to-Whipple 11 Miler**

(a.k.a. *Tussey Teaser #2*)

Date: April 10, 2010

Start: 9 AM

Location: Start at Tussey Mountain Ski Area parking lot. Park in the second (far) gravel lot on the left.

Course: Point to point on Legs 1, 2 and 3 of the Tussey Mountainback 50 Mile Relay and Ultramarathon course.

Logistics: Transportation back to Tussey is arranged by the runners. Advance placement of transport vehicles is the best way. If you have a higher-capacity vehicle that can ferry runners back, let someone know!

Registration Fee: None. Mail or bring to the run a signed waiver form for each runner. (Mail to: TTW11Miler, 103 E. Hamilton Ave., State College, PA 16801.)

Awards: Door prizes at each Teaser. Runners completing all 5 Teasers are eligible for a grand door prize.

Course records: Male: Tim Murphy, Dave Moore 1:08:22 (2008) Female: Anna Kobb 1:19:54 (2009)

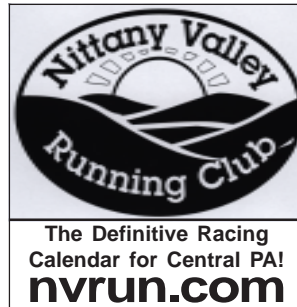
Directions: From State College, take State Route 322 east about 1 mile past Boalsburg, turn right onto Bear Meadows Road, follow to the ski lodge. Park in the second (far) gravel lot on the left.

Upcoming Teasers

May 8: Tussey Teaser #3: Beidleheimer Sidewinder 10K. 10 AM. Leg 4 (in reverse) of the Tussey Mountainback 50 course. **Age- and gender-graded awards!** Runners meet at Whipple Dam State Park. Runners will be transported at 9:30 AM to the start. Finish at Whipple Dam State Park. Advance registration \$15 if received or postmarked by April 25, \$18 thereafter. Make checks to "MTB50" and mail to: Sidewinder 10K, 103 E. Hamilton Ave., State College, PA 16801. Runners registered by April 25 are guaranteed a Sidewinder race shirt; afterward while supplies last. Race day registration and packet pickup at Whipple Dam from 8:30-9:15 p.m. Age- and gender-graded awards to top five finishers and top three teams of 5, plus door prizes. Race app, course map and directions available at www.nvrun.com. Questions, e-mail info@tusseymountainback.com.

June 6: Tussey Teaser #4: Treaster Kettle Test-Your-Mettle 10.6 Miler. 8:30 AM. Econo-race (free). Out and back on Leg #10 of the Tussey Mountainback 50 course. Authentic "Test-Your-Mettle" shirts available for \$8 if waiver & fee received by May 25, or while supplies last. Start and finish at Colyer Lake.

June 27: Tussey Teaser #5: Bear Meadows Made in the Shade 7 or 10.6 Miler. 8:30 AM. Econo-race (free), door prizes. Two single loops with the same start and finish at Bear Meadows Natural Area. Run 7.0 or 10.6 miles, you choose the distance!



Register online for the

TUSSEY MOUNTAINBACK
50 MILE RELAY
and ULTRAMARATHON

October 16, 2010
Just for the hill of it!
tusseymountainback.com

7th Annual **Tussey-to-Whipple 11 Miler**

How did you find out about this event?: _____

Name: _____

Address: _____

Town, State, Zip Code: _____

Phone Number - Day:(_____) _____, **Evening:** (_____) _____

E-Mail: _____ **Sex:** M ___ F ___, **Age (on race day):** _____

Send this completed form to this address, or bring to the run: Teaser #2, 103 E. Hamilton Ave., State College, PA 16801.

In consideration of this entry being accepted, I (please print) _____, do hereby indemnify, hold harmless, assume liability for, MTB50, the Tussey-to-Whipple run, its sponsors, volunteers and employees, the Commonwealth of Pennsylvania, its agents, servants, employees, officers and directors, from any and all costs and expenses including but not limited to, attorney's fees, reasonable investigative and discovery costs, court costs, and all other sums which the Tussey-to-Whipple run, its agents, servants, employees, officers and directors may or become obligated to pay on account of any, all and every demand for claim or assertion of liability, or any claim or action, founded thereon, arising or alleged to have arisen out of my participation in the Tussey-to-Whipple run or my use of real or personal property belonging to the Commonwealth of Pennsylvania, its cities, towns, agents, servants, employees, officers, and directors, or by any action or omission by me.

Signature (required): _____ **Date:** _____

(If under 18, parent or guardian must sign): _____ **Date:** _____