

Event Details



Host of the
2010 USA 50 Mile
Championships



Where: Tussey Mountain Ski Resort, Boalsburg, PA.

Start: National Championships & Open Ultramarathon 7 a.m., Relay start 8 a.m.

Course: USATF-certified single loop through central Pennsylvania's scenic Rothrock State Forest. Course details and map online!

Ultra: Men's and Women's (Open & Masters), and Military (Active Military and ROTC).

Relay: Teams of 2-8 compete with their size teams. Men's, Women's & Mixed (Open & Masters), and Military (Active, ROTC and JROTC).

Awards: Ultra Championships purse of \$4,000 (+CR bonuses), Finisher medals; Team plaques and individual medals. Special military categories. Men's and women's technical race shirts.

Fee: Ultra: \$100 if received by July 31, \$110 through Aug. 31, \$120 thereafter; \$30 discount if not using support vehicle.

Relay: Supra (2 runners) \$120, Tri (3) \$160, Quad (4) \$200, Standard (5-6) \$300, Mega (7-8 runners) \$360; Military Teams (8 runners) \$360.

Proceeds: Proceeds support Housing Transitions, Inc., assisting Centre County individuals and families facing a housing crisis.

Pre-Race Dinner, Post-Race Party, Discount Accommodations: Details online.

Volunteer! Have the most fun you've ever had volunteering! Send e-mail to: info@tusseymountainback.com.

Deadline: Ultramarathon registration closes October 2. Relay registration closes September 25.



Raising More Than Money
The Campaign for Centre House

To Register

Register online at our website via **Active.com**.

Registration is not considered official unless completed forms are received by the deadline. Ultra entry deadline Oct. 2, relay entry deadline Sept. 25. For mailed or hand-delivered entries, make check or money order payable to "MTB 50." Address: **MTB50, 103 E. Hamilton Ave., State College, PA 16801**.

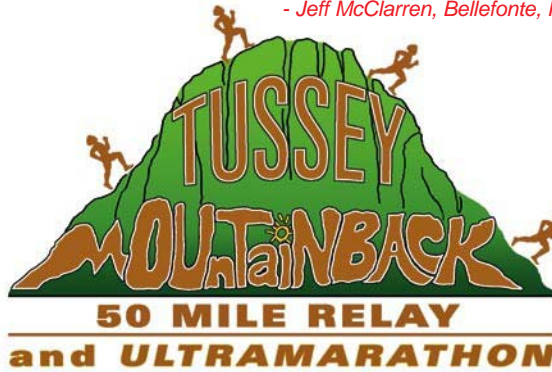
Event communication with additional information will be e-mailed to each Ultrarunner and Relay Team Captain after Oct. 2. No refunds. Teams: There is a \$25 fee for runner substitutions or rotation order changes after Sept. 25. No changes after Oct. 10.

I loved the course, the organization, and all the enthusiastic volunteers! - Todd Braje, 2009 USATF 50 Mile National Champion, McKinleyville, CA

"...the most beautiful road ultra course I've run in the U.S.!" - Nikki Kimball, 2005 USATF 50 Mile National Champion, Bozeman, MT

I have NEVER had more fun at a race.!"

- Jeff McClarren, Bellefonte, PA



tusseymountainback.com



Photos by Chuck Fong / fongstudio2.com

... Be there!

Be part of the Hottest Footrace...
...in the Coolest Place!

Tussey mOUntainBACK

50 Mile Relay & Ultramarathon

October 16, 2010

"Gorgeous scenery - I loved your race!"

- Larissa Abramiuk,
2009 USATF 50 Mile
National Champion



Single-Loop
Ultramarathon
Relay Teams of 2-8
Runners
50 Miles of Scenic
Forest Roads
One Amazing
Saturday!

Just for the hill of it!®

Host of the
2010 USA 50 Mile
Championships!



Event details and online registration at:

tusseymountainback.com

Tussey mOUntaiNBACK 50 Miler: Ultramarathon Entry

Complete event details and online registration at: www.tusseymountainback.com

(Please print clearly - incomplete applications will not be accepted)

RACE OFFICIAL USE	
Date Rec'd	___/___/___
Drops <input type="checkbox"/>	Support Veh <input type="checkbox"/> Fee <input type="checkbox"/>
USATF: <input type="checkbox"/> n/a	App Complete <input type="checkbox"/>

2010 USA 50 Mile Championships

Registration requires a completed application form submitted with entry fee. *Must be received by **October 2, 2010.***

GENERAL INFORMATION

How did you find out about this event?: _____

Last Name _____ First Name _____ M.I. _____

Address: _____

Town, State, Zip Code: _____

Phone Number - Day: (____) _____, Evening: (____) _____

E-Mail: _____ Cell Phone: _____

Emergency Contact Name: _____ Phone: _____

Sex: M ___ F ___, DOB: ___/___/___, Shirt: Men's S M L XL 2XL, Women's S M L XL, 2XL No shirt ___ (give savings to the race beneficiary)

I have read and understand the Race Rules and Regulations on the website _____ (INITIAL)

___ I'm also enclosing a donation in the amount of \$ _____ to the 2010 beneficiary, Housing Transitions Inc.

___ I'm including payment for ___ pre-race dinners (\$18 each) (Friday, Oct. 15, 6:00-7:30 p.m.).

(Note: You may also pay at the door, but you must **RSVP by Monday, Oct. 11.**)

i You can also register online at www.tusseymountainback.com or at active.com. Mailed or hand-delivered applications: Send with fee (checks payable to "MTB50") to: Tussey mOUntaiNBACK 50, 103 E. Hamilton Ave., State College, PA 16801. Deadline: Oct. 2.

Volunteers!

___ I have a friend(s) who can help out on race day. Please contact me ___ them ___!
NAME / PHONE / E-MAIL

(Attach another sheet if needed.)

USATF

Don't miss out! USATF Membership is required for eligibility for the National Championships purse, USATF Medals, and listing of your finish in USATF results. If you are a current member, please provide your current member number here:

If you intend to join USATF in advance or on site, please initial below: I understand that I must provide proof of my membership to race officials prior to the race start _____ (INITIAL)

NOTE: Participants will also have an opportunity to join USATF at the Friday Pre-race Dinner / Packet Pickup and on Race Day before the start. But you can save yourself time by joining in advance at:

www.usatf.org/membership

RACE DETAILS

Please indicate previous ultra or marathon time(s):

Event Name/Year _____ Time _____
Event Name/Year _____ Time _____
Event Name/Year _____ Time _____
Event Name/Year _____ Time _____

(Continue on additional sheet if you would like to list more events.)

Category (circle one):

Men-Open Men-Masters+ Men-Military:(___Active Mil. or ___ROTC)
Women-Open Women-Masters+ Women-Military:(___Active Mil. or ___ROTC)

+ Masters runners must enclose copy of valid driver license as proof of age. Exempt if you have run this race before as a master's runner (enter year _____).

Circle estimated (min./mile) pace: 6:30 6:45 7:00 7:15 7:30 7:45 8:00
8:15 8:30 8:45 9:00 9:15 9:30 9:45
10:00 10:30 11:00 11:30 12:00 13:00
14:00 15:00

Support: My Intended Support Method*

(check at least one) is: ___ Support Vehicle
___ Drop Bags
___ Aid Stations

* Details on website.

Note: All Ultra participants have access to Ultra Aid Stations

WAIVER OF LIABILITY (must be completed and signed)

In consideration of this entry being accepted, I (please print) _____, do hereby indemnify, hold harmless, assume liability for, the Tussey mOUntaiNBACK 50 Mile Relay and Ultramarathon, MTB50 Inc., its sponsors, volunteers and employees, the Commonwealth of Pennsylvania and the Tussey Mountain Ski Resort & Family Fun Center, its agents, servants, employees, officers and directors, from any and all costs and expenses including but not limited to, attorney's fees, reasonable investigative and discovery costs, court costs, and all other sums which the Tussey mOUntaiNBACK 50 Mile Relay and Ultramarathon, MTB50 Inc., its agents, servants, employees, officers and directors may or become obligated to pay on account of any, all and every demand for claim or assertion of liability, or any claim or action, founded thereon, arising or alleged to have arisen out of my participation in the Tussey mOUntaiNBACK 50 Mile Relay and Ultramarathon or my use of real or personal property belonging to the Commonwealth of Pennsylvania, its cities, towns, agents, servants, employees, officers, and directors, or by any action or omission by me.

Signature (required): _____ Date: _____

(If under 18, parent or guardian must sign): _____ Date: _____

Note: You may be required to sign an additional waiver at registration.